

### Hear things differently

## Remote Services and Cochlear Implant Care

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# Acknowledgements



• I'd like to acknowledge all those involved in development and implementation of the home-based MAPping service

## • SCIP

- Sarah Weusten, Audiologist
- Jill Mustard, Clinical Manager

## • Cochlear Limited

- Brionie Dayton
- Emma Ramsay
- Ben Kam
- Simon Wilson
- Stacey Butler

## Outline

- Cochlear Implant Care
  - Historically
  - Changing services
- Outreach
  - Visiting Services
  - Satellite Centres
  - Remote Care
- Remote Care
  - TeleCHAT
  - Home-Based MAPping
  - Fixed remote MAPping
- Where to Next?



# **Cochlear Implant Care**



- Historically
  - Small numbers and multidisciplinary; specialist centres
  - Very detailed work-ups and after-care
  - Limited technology options
  - No or limited internet!
- Changing Services
  - Still multidisciplinary; ongoing need for specialist centres
  - Growth in numbers; awareness, funding, and candidacy criteria
  - More flexible programming; alignment with other technology
  - Different expectations
  - Better and more predictable outcomes, sooner

# **Problems of Distance**



- A small number grows to become a community
- Travel time versus clinic time
- Financial costs, fatigue, and safety
- Inconvenience; school, home, and work
- Clinical outcomes

## **SCIP Patients**





## **SCIP Patients**





Christchurch	222
Gisborne	12
Hawkes Bay	41
Mid-Central	68
Nelson-Marlborough	66
Otago	101
South Canterbury	31
Southland	52
Taranaki	46
Wellington	149
West Coast	11
Grand Total	799

## **Outreach Options**



- Visiting Services (Habilitation, Audiology)
  - Limits re- staff
  - Number of appointments
  - Clinic facilities
  - Cost; travel and accommodation
- Satellite Centres
  - Costs (fit-out, staff, lease, equipment and inventory)
  - Lack of provision in funding models
  - Staff recruitment, training, and retention

## **Remote Care**



- Any service where the care is delivered at distance
- Falls under the general term "telehealth"

Dictionary	
telehealth	Q
telehealth /ˈtɛlɪˌhɛlθ/ ৰ)	
noun noun: telehealth; noun: tele-health	
the provision of healthcare remotely by means of telecommunications technology. "the Scottish executive is keen to expand telehealth in a country where much of the in rural and island locations"	population lives



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## GN

### About Sound Careers



### GN Hearing Conducts World's First Transatlantic Hearing Aid Remote Fine-Tuning with ReSound LiNX 3D™



#### News

Publications

Archived News

#### Media Contacts

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### Delivering remote services to children with hearing loss in rural Australia

23/08/13



RIDBC Teleschool provides education and therapy services to children with hearing or vision loss in regional remote Australia

## **SCIP Experience**



- TeleCHAT
- Home-Based MAPping
- Fixed Remote MAPping (watch this space)

## **TeleCHAT**





## **Tele-CHAT Evaluation:**

# **Evaluation of a nationwide tele-habilitation pilot**

October 2013, Janet Digby





Southern

Programme

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Cochlear Implant

## **Home-Based MAPping**



- An Audiology service where patients are MAPped in their own home (or at work ...)
- Initiated in collaboration with Cochlear Limited

## • Target audience

- Those not well enough to travel
- Those with simple needs
- Those with urgent but low complexity needs
- Non-attenders
- Those where time out of school, work, and home is stressful

# **Technology and Equipment**



- Tablet with 4G capability
- TeamViewer remote desktop technology with video
- Back-up processor
- Instructional material

# **Technology and equipment**



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# Wireless programming



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## **Tablet with integrated 4G**



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## Process



- HBM offered to appropriate candidates or those we want to see
- Equipment set up (MAP, batteries)
- Couriered out to home address
- Instructions to set up
- MAPping up to 1 hour
- Completion of survey
- Return of equipment

## **Results so far ...**



- Total Audiology appointments in 5 months 180
- 17% are offered HBM; reasons for not offering HBM
  - Some local patients
  - Non Cochlear users
  - Some had need for other services
  - Some had MAPs not supported/ideal
- Of those offered;
  - 25%Yes
  - 45% No
  - 29% No response

## **Results so far ...**



- Reasons for declining
  - "I prefer to come to Christchurch"
  - Poor internet coverage (WiFi, 4G)
  - "I would need time off work anyway"
  - Lack of support person

## **Results so far ...**



- Survey comments
  - Commonly people said the process is "very easy"
  - All *satisfied* or *very satisfied* with the sessions
  - All strongly disagreed that the sessions either invaded their privacy or made them feel uncomfortable
  - All *moderately* or *strongly agree* that HBM should be offered to other recipients
  - The session length was generally neither too short nor too long
  - There were mixed opinions as to whether this service should replace or augment usual clinic sessions

# Limits



- A support person needed
- Issues of MAP evaluation
- Internet availability across regions
- Privacy issues; blurring of home and clinic
- Data security

# **Fixed Remote MAPping**



- Remote care is provided at a fixed clinic (partner with medical clinic, Audiology clinic, Hearing Therapist, School)
- Provides a more secure internet connection
- Overcomes the privacy issues and blurring of home and clinic

# **Fixed Remote MAPping**



- Clinic facility can be configured with sound-field evaluation equipment
- Video equipment may be better
- Can be shared with another (related) provider eg. Hearing Therapy (reduced costs, complimentary services)
- Still requires some travel to the facility by the patient

# **Fixed Remote MAPping**



# Is Remote Fitting of Hearing Aids The Future?



&Written by Geoffrey Cooling

Updated August 01, 2017 Published August 01, 2017

## Will Your Next Hearing Care Visit Be A Remote Affair?

Triton Hearing a New Zealand based company announced in April that it would be providing hearing aid services to rural communities in New Zealand via remote tele-health systems. They will test the hearing of customer, recommend and provide hearing aids via the internet using a local nurse and remote audiologist.



## Where to next?



- Uptake of HBM is small at present
- Fixed remote on the horizon
- Improved technology
  - No need to send equipment
  - Programming via recipient device
  - A smart TV in every home
- Do-more-with-less and funding
- Specialisation